

## Solutions to benefit nature and human health

The European Centre for Environment and Human Health (ECEHH) is celebrating a Decade of Discovery as we mark our Tenth Anniversary. Over this time, our pioneering research has been exploring how nature is connected to health, offering a different and interdisciplinary perspective. This programme focuses on the mutual benefit of communities, environment and health coming together, identifying what decisions need to be made, and why this is important for local, national and international policy-making.

Our panel of expert speakers, ranging from Early Career Researchers to Senior Academics from the European Centre, discuss, debate and consider future solutions to benefit nature and human health. The programme showcases work with collaborating organisations and community members illustrating some of the Centre's achievements.

As the European Centre crosses so many disciplines and areas of work, the panel discussion is split into 4 main themes:

1. Antimicrobial Resistance;
2. The importance of Blue and Green Spaces to Mental and Physical Health;
3. Healthy communities, looking at Sustainable Food Systems and Digital Inclusion;
4. The overarching issue, which influences every area, the impact of Environmental and Climate Change on our Health and Wellbeing.

Panel:

[Prof Lora Fleming](#) - ECEHH Director

[Prof Ruth Garside](#) - Associate Professor

[Prof Karyn Morrissey](#) - Associate Professor

[Dr Lewis Elliott](#) - Lecturer

[Dr Aimee Murray](#) – Research Fellow

[Dr Emily Haynes](#) - Postdoctoral Research Associate

Philippa Mina - ECEHH Communications Manager & Panel Chair

### PROGRAMME AGENDA

Timings	Description	Panel
00:00:00 – 00:11:56	Introduction to ECEHH, session overview and introducing expert panel <ul style="list-style-type: none"><li>• <i>ECEHH film celebrating 10 years of research and impact</i><ul style="list-style-type: none"><li>○ 00:03:20 – 00:05:32</li></ul></li></ul>	Prof Lora Fleming, Dr Aimee Murray, Dr Lewis Elliott, Prof Ruth Garside, Dr Emily Haynes, Prof Karyn Morrissey
00:11:57 – 00:31:55	Antimicrobial Resistance (AMR) <ul style="list-style-type: none"><li>• <i>Intro – Why should we care about AMR?</i></li><li>• <i>Film – Stemming the tide of AMR in the natural environment</i><ul style="list-style-type: none"><li>○ 00:13:26 – 00:14:49</li></ul></li><li>• <i>Case study – Beach Bum Survey featuring Hugo Tagholm, Surfers Against Sewage CEO &amp; Founder</i><ul style="list-style-type: none"><li>○ 00:17:26 – 00:24:50</li></ul></li><li>• <i>AMR panel discussion</i><ul style="list-style-type: none"><li>○ 00:24:51 – 00:31:55</li></ul></li></ul>	Dr Aimee Murray, Prof Ruth Garside, Prof Lora Fleming, Dr Emily Hayes
00:31:56 – 00:51:24	The importance of Blue and Green Space to Health <ul style="list-style-type: none"><li>• <i>Examples of ECEHH's work in this area and benefits to health</i><ul style="list-style-type: none"><li>○ 00:32:35-00:27:28</li></ul></li><li>• <i>Blue and Green Space panel discussion</i><ul style="list-style-type: none"><li>○ 00:37:29 – 00:51:24</li></ul></li></ul>	Prof Ruth Garside, Dr Lewis Elliott, Prof Lora Fleming
00:51:25 – 01:11:57	Healthy Communities <ul style="list-style-type: none"><li>• <i>Sustainable Food Systems: presentation and panel discussion</i><ul style="list-style-type: none"><li>○ 00:51:47 – 01:01:42</li></ul></li><li>• <i>Digital inclusion: panel discussion and examples of work</i><ul style="list-style-type: none"><li>○ 01:01:43-01:11:57</li></ul></li></ul>	Dr Emily Hayes, Prof Karyn Morrissey, Prof Lora Fleming

01:11:58 – 01:26:00	Environmental and Climate Change on our Health and Wellbeing <ul style="list-style-type: none"><li>● <i>Film – Professor Michael Depledge – Changing the conversation</i><ul style="list-style-type: none"><li>○ 01:12:27-01:14:55</li></ul></li><li>● <i>Panel discussion – Solutions to benefit nature and human health</i><ul style="list-style-type: none"><li>○ 01:14:56-01:25:27</li></ul></li></ul>	Prof Karyn Morrissey, Dr Lewis Elliott, Dr Aimee Murray, Dr Emily Hayes, Prof Ruth Garside, Prof Lora Fleming
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